



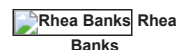
Spring 2017 Newsletter

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Message from the Chair

Hello Everyone! This past quarter has been quite busy for NUSAC, and we would love to share what we have been up to over the past few months, and highlight activities to come.



We hosted the 8th annual Conversations with President Schapiro events last month and would like to thank everyone for attending, both online and in person. As always, we would like to add a special thanks to President Schapiro and our panelists – Executive Vice President Nim Chinniah, Vice President and General Counsel Phil Harris, Provost Dan Linzer and Vice President of Student Affairs Patricia Telles-Irvin. The events were extremely well attended on both campuses, and the community questions and level of engagement at both locations were inspiring.

During the winter quarter we hosted our basketball mixer with the help of Athletics. The men's basketball team beat Rutgers in a very exciting game during their historic season. Go 'Cats!

Our Blessings in a Backpack drive went extremely well and the outpouring of food and donations from the Northwestern family were very much appreciated by the children of St. Malachy.

This summer we are partnering with Northwestern Medicine to create a NUSAC group for the Chicago Cares Serve-a-thon, which will take place on June 24. Although we frequently provide ways for staff to financially give back to the Chicago and Evanston communities, this day of service provides an opportunity to give your time to improve schools and/or parks in the Chicagoland area. Additional details about this event were sent in an all-staff email on May 12; we hope that you will join us.

Our annual school supply drive will take place beginning in July, so keep an eye out for communications about it as well.

Lastly, I would like to welcome our two newest NUSAC members, Erin Libby who works with the NU-Q program and Amy Lindgren of the Center for Talent Development. Although they joined mid-year, both have enthusiastically rolled up their sleeves; we know that they will be wonderful additions to the Council. With the close of our FY18 application season at the end of March, we are also happy that we will soon be welcoming even more new members soon.

Please do not hesitate to contact us at nusac@northwestern.edu with any questions, concerns, or feedback, and we wish you all a great summer!

Sincerely,

Rhea Banks
NUSAC Chair

NU Cares Awareness Drive

Our annual awareness drive raised over **\$1,000** in one-time contributions and added **25** new recurring donors. Thank you to all staff who support this program to assist colleagues in financial need! You can still [donate](#) at any time, or [apply](#) for support from the fund.

NUSAC Quarterly Question: Tuition Benefits

NUSAC would like to learn more from you! Click [here](#) to take our anonymous, one-question survey - make your voice heard!

Blessings in a Backpack



This spring, we had another amazing show of generosity by Northwestern staff for our *Blessings in a Backpack* drive. This was the third year we have participated on behalf of St. Malachy's school, gathering food in backpacks to send home with children during spring break, when they don't have access to daily school meals. During the drive, which ran from mid-February to mid-March, we collected so much food that the Northwestern community was afforded a volunteer opportunity to work directly with the Blessings in a Backpack organization to assist with the packing/distribution of food for 240 children. Below is a note from the organization to Northwestern:

"I hope your staff enjoyed the packing. In a perfect world we would have had it set up beforehand but it gave a lot of people the opportunity to see what goes into the effort. The donations really were tremendous and the school was so appreciative. The school secretary got students involved in unloading the bags and bringing them into the school so they help out in many ways as well. Just know that feeding 240 elementary school kids the way NU did affects them more than just not being hungry. It makes them feel connected to and cared for by the community and that part cannot be bought or paid for. Thanks again and keep in touch."

- Mary Hugar & Christina Hettel, Blessings in a Backpack organization

If you missed the "Blessings" drive this time around, but would still like to make a monetary donation, you may do so using [this link](#). There is a field for specifying a particular school, if you wish for your donation to go to St. Malachy School (2252 W. Washington Blvd., Chicago, 60612). You can also indicate "on behalf of", and show your Wildcat pride by indicating that the donation is on behalf of Northwestern or NUSAC. Any amount would be greatly appreciated. While our drive has ended, hunger knows no deadline!

NUSAC would like to thank all of those who showed true Northwestern spirit with their generous contributions, as well as the people who aided us in transporting items from campus to campus, and those who helped pack all the food to be distributed amongst the children. NUSAC would also like to give a huge shout out of thanks to the Northwestern Women's Center for graciously providing the room in which all packing/distribution took place.

Thank you again for your help and generosity!

Service Excellence Awards

For times when "Thank You" just isn't enough - when a staff member went above and beyond the call of duty to complete a task or meet a goal - there's the Service Excellence Award. Any member of the University community may nominate an employee for the award. The supervisor reviews the nomination form to confirm that the award is deserved. A staff member may be recognized numerous times, even in a single year (and many have been). 2017 Service Excellence Luncheons are held quarterly throughout the year to recognize award recipients.

To nominate a staff member, download a [Service Excellence Nomination Form](#) and email it to Maudell Gaines at maudell-gaines@northwestern.edu.

Excellence in Sustainability Awards

As Northwestern pursues its commitment to leadership in sustainability, the Office of Sustainability is partnering with the Office of Human Resources - Employee Recognition to acknowledge those who go above and beyond in greening our campuses and our curriculum. Students, faculty, and staff members are eligible for the Excellence in Sustainability Awards, and will be recognized at the quarterly Service Excellence Luncheons. Visit the [Office of Sustainability](#) website to learn more about the award and nomination process.

NUSAC/YourLife Wellness Program Skating Mixer



Staff, faculty, and their families took to the ice on February 15th at Norris University Center's outdoor skating rink. Experienced skaters and first-timers enjoyed one of the last skating days of the season as they kept warm with hot chocolate and purple winter hats. This event was presented in partnership with the YourLife Wellness Program. For more ways to get outside and active, see the [Physical Well-Being](#) suggestions on their website.

YourLife

YourLife is Northwestern's wellness program for faculty, staff and retirees, and their eligible family members. A variety of resources are offered to support physical, financial, and emotional well-being.

Upcoming Events:

YourLife: "Wellness Wednesdays & Feel Good Fridays" Wellness Wednesdays and Feel Good Fridays – sponsored by the [YourLife Wellness Program](#) and [Northwestern Recreation](#) – is a series of wellness classes throughout the Spring quarter. These on-site group exercise classes and Lunch & Learns support Northwestern's ongoing objective of promoting faculty and staff health and well-being. [CLICK HERE](#) for information about the Spring 2017 schedule.

YourLife: "Nutrition Resource Group" The [YourLife Nutrition Resource Group](#) (NRG) provides valuable information and support regarding nutrition and wellness strategies. The group meets weekly from 12-1pm. New members and drop-ins are always welcome, as membership is not necessary to attend the weekly meetings! Feel free to bring your lunch.

Chicago Campus Tuesdays 12:00 - 1:00pm; McGaw Pavilion 240 E. Huron Street Room 2-403

Evanston Campus Thursdays 12:00 - 1:00pm; Searle Hall, 633 Emerson Street Room 3-226

For more information, contact Evelyn Cordero, YourLife Wellness Coordinator at evelyn.cordero@northwestern.edu or 847-467-6246.

Northwestern University Staff Advisory Council

Contact NUSAC:

Web site: www.northwestern.edu/nusac

E-mail: nusac@northwestern.edu

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