

Pregnant and Parenting Teen
CANS 2.0 Cover Form and Scoring Sheets
02/01/2020

Please Check:

New Birth Assessment Education Open Education Close Parenting Open Parenting Close Therapy Open Therapy Close

Date of this CANS Completion (mm/dd/yyyy):

Number of meetings:

(For Education, Parenting, and Therapy only)

Level of engagement within the last quarter:

(For Education, Parenting, and Therapy only)

Youth Parent Information

Youth's First Name:

Last Name:

Date of Birth (mm/dd/yyyy):

Gender: M F

DCFS/CYCIS Child ID # (8 characters):

Current Living Arrangement (check one):

HMR HMP HFK Traditional Foster Care SPEC/SFC ILO TLP RTC GH UAP SSU
PAC Other (please specify):

Is the youth currently staying at the above placement? Yes No

If no, please specify what type of residence or with whom they are staying

Child Information

Date of Birth (mm/dd/yyyy):

Total number of youth parent's biological children:

Number of children currently in youth parent's care:

CANS Assessor Information

Assessor's First Name:

Last Name:

Phone #:

Ext:

Agency Name:

Agency Address:

Agency City:

Agency Zip Code:

Assessor's Email Address:

Assessor Approval

Assessor's Initials:

Date:

Supervisor First Name:

Last Name:

Supervisor Email Address:

Supervisor Approval

Supervisor's Initials:

Date:

Please fax or mail this completed cover page and CANS scoring sheet to:

TPSN, Attn: PPT CANS
3605 W. Fillmore, Chicago, IL 60624
Fax: (773) 588-5386

If you have questions about the CANS please call or e-mail:

Shannan Krull
(312) 503-1488
shannan.krull@northwestern.edu

PARENTING YOUTHS NAME:

KEY: Use for items 1-13 - These ratings are made based on lifetime exposure of trauma

- 0 = indicates a dimension where there is no evidence of any trauma of this type.
- 1 = indicates a dimension where a single incident of trauma occurred or suspicion exists of trauma experiences.
- 2 = indicates a dimension on which the child has experienced multiple traumas or a moderate degree of trauma.
- 3 = indicates a dimension which describes repeated and severe incidents of trauma with medical and physical consequences.

TRAUMA EXPERIENCES

- | | 0 | 1 | 2 | 3 | | 0 | 1 | 2 | 3 |
|-------------------------------|---|---|---|---|---|---|---|---|---|
| 1. Sexual Abuse | | | | | 8. School Violence | | | | |
| 2. Physical Abuse | | | | | 9. Natural or Manmade Disasters | | | | |
| 3. Emotional Abuse | | | | | 10. War Affected | | | | |
| 4. Neglect | | | | | 11. Terrorism Affected | | | | |
| 5. Medical Trauma | | | | | 12. Witness/Victim to Criminal Activity | | | | |
| 6. Witness to Family Violence | | | | | 13. Parental Criminal Behavior | | | | |
| 7. Community Violence | | | | | | | | | |

Trauma Experiences: Please write a note for each item in this domain that is scored a 2 or a 3. Please specify which CANS item you are referencing; (eg. #4 client was left at home with no food.). If additional space is needed, please use the last page.

KEY: Use for items 14-19

- 0 = no evidence or no reason to believe that the rated item requires any action.
- 1 = a need for watchful waiting, monitoring or possibly preventive action.
- 2 = a need for action. Some strategy is needed to address the problem/need.
- 3 = a need for immediate or intensive action. This level indicates an immediate safety concern or a priority for intervention.

TRAUMATIC STRESS SYMPTOMS

- | | 0 | 1 | 2 | 3 |
|--------------------------------|---|---|---|---|
| 14. Adjustment to Trauma | | | | |
| 15. Traumatic Grief/Separation | | | | |
| 16. Re-experiencing | | | | |
| 17. Avoidance | | | | |
| 18. Numbing | | | | |
| 19. Dissociation | | | | |

Traumatic Stress Symptoms: Please write a note for each item in this domain that is scored a 2 or a 3. Please specify which CANS item you are referencing. If additional space is needed, please use the last page.

YOUTH STRENGTHS

KEY: Use for items 20-30

- 0 = Well-developed or centerpiece strength; immediately accessible by the youth.
- 1 = Useful strength is evident but requires some effort to maximize the strength.
- 2 = Strength has been identified but requires significant strength building efforts before it can be effectively utilized.
- 3 = No current strength is identified; efforts are needed to identify potential strength.
- N/A= this selection should only be used when rating a child who is non-communicative due to age or developmental disability and no adult can sufficiently answer the item.

- | | 0 | 1 | 2 | 3 | NA | | 0 | 1 | 2 | 3 |
|--------------------------------|---|---|---|---|----|-----------------------------|---|---|---|---|
| 20. Family | | | | | | 26. Talents/ Interests | | | | |
| 21. Interpersonal | | | | | | 27. Spiritual/ Religious | | | | |
| 22. Educational Setting | | | | | | 28. Community Life | | | | |
| 23. Vocational | | | | | | 29. Relationship Permanence | | | | |
| 24. Coping and Savoring Skills | | | | | | 30. Resilience | | | | |
| 25. Optimism | | | | | | | | | | |

Youth Strengths: Please write a note for each item in this domain that is scored a 0 or a 1. Please specify which CANS item you are referencing. If additional space is needed, please use the last page.

PARENTING YOUTH'S NAME:

KEY: Use for items 31-139

0 = no evidence or no reason to believe that the rated item requires any action.

1 = a need for watchful waiting, monitoring or possibly preventive action.

2 = a need for action. Some strategy is needed to address the problem/need.

3 = a need for immediate or intensive action. This level indicates an immediate safety concern or a priority for intervention.

LIFE DOMAIN FUNCTIONING

	0	1	2	3		0	1	2	3	NA
31. Family					38. Physical					
32. Living Situation					39. Sleep					
33. Social Functioning					40. Sexual Development					
34. Developmental/Intellectual					41. School Behavior					
35. Recreational					42. School Achievement					
36. Legal					43. School Attendance					
37. Medical										

Life Domain Functioning: Please write a note for each item in this domain that is scored a 2 or a 3. Please specify which CANS item you are referencing. If additional space is needed, please use the last page.

ACCULTURATION

	0	1	2	3
44. Language				
45. Identity				
46. Ritual				
47. Culture Stress				

Acculturation: Please write a note for each item in this domain that is scored a 2 or a 3. Please specify which CANS item you are referencing. If additional space is needed, please use the last page.

YOUTH BEHAVIORAL/ EMOTIONAL NEEDS

	0	1	2	3
48. Psychosis				
49. Attention Deficit/ Impulse Control				
50. Depression				
51. Anxiety				
52. Oppositional Behavior				
53. Conduct				
54. Substance Abuse				
55. Attachment Difficulties				
56. Eating Disturbances				
57. Affect Dysregulation				
58. Behavioral Regressions				
59. Somatization				
60. Anger Control				

Youth Behavioral/Emotional Needs: Please write a note for each item in this domain that is scored a 2 or a 3. Please specify which CANS item you are referencing. If additional space is needed, please use the last page.

PARENTING YOUTHS NAME:

YOUTH RISK BEHAVIORS

	0	1	2	3
61. Suicide Risk				
62. Self Mutilation				
63. Other Self Harm				
64. Danger to Others				
65. Sexual Aggression				
66. Runaway				
67. Delinquency				
68. Judgment				
69. Fire Setting				
70. Social Behavior				
71. Sexually Reactive Behaviors				

Youth Risk Behaviors: Please write a note for each item in this domain that is scored a 2 or a 3. Please specify which CANS item you are referencing. If additional space is needed, please use the last page.

RATING OF CHILDREN FIVE YEARS OLD AND YOUNGER

Required if pregnant and parenting teen is developmentally disabled (DD) at any age, or if any of these are relevant needs regardless of age. N/A can be used for children age 6 and older. Unknown can be used when you are actively seeking more information.

	0	1	2	3	U	NA		0	1	2	3	U	NA
72. Motor							80. Labor & Delivery						
73. Sensory							81. Parent/Sibling Problems						
74. Communication							82. Maternal Availability						
75. Failure to Thrive							83. Curiosity						
76. Feeding/Elimination							84. Playfulness						
77. Birth Weight							85. Temperament						
78. Prenatal Care							86. Day Care Preschool						
79. Substance Exposure													

Children Five Years Old and Younger: Please write a note for each item in this domain that is scored a 2 or a 3. Please specify which CANS item you are referencing. If additional space is needed, please use the last page.

TRANSITION TO ADULTHOOD

Required if youth is 14 years and 6 months or older or if any of these are relevant needs regardless of youth's age:

	0	1	2	3		0	1	2	3	NA
87. Independent Living Skills					91. Medication Compliance					
88. Transportation					92. Educational Attainment					
89. Parenting Roles					93. Victimization					
90. Intimate Relationships					94. Job Functioning					

Transition to Adulthood: Please write a note for each item in this domain that is scored a 2 or a 3. Please specify which CANS item you are referencing. If additional space is needed, please use the last page.

PARENTING YOUTH'S NAME:

CAREGIVER NEEDS & STRENGTHS

@AF7, If youth is pregnant with their first child, caregiver assessment does not need to be filled out. Otherwise, **use this section to assess the pregnant/parenting teen as a caregiver** to their new birth and any other children. (Self as caregiver)

SAFETY (birth parents and substitute caregivers)

	0	1	2	3		0	1	2	3	N/A
95. Safety					98. Condition of Home					
96. Supervision					99. Marital/Partner Violence In the Home					
97. Neighborhood Safety & Resources										

Caregiver; Safety: Please write a note for each item in this domain that is scored a 2 or a 3. Please specify which CANS item you are referencing. If additional space is needed, please use the last page.

KNOWLEDGE OF PARENTING & CHILD DEVELOPMENT (birth parents and substitute caregivers)

	0	1	2	3		0	1	2	3
100. Knowledge of Child's Needs					103. Learning Environment				
101. Nutrition Management					104. Effective Parenting Approach				
102. Discipline									

Caregiver; Knowledge of Parenting & Child Development: Please write a note for each item in this domain that is scored a 2 or a 3. Please specify which CANS item you are referencing. If additional space is needed, please use the last page.

IDENTIFICATION & USE OF CONCRETE SUPPORTS (birth parents and substitute caregivers)

	0	1	2	3		0	1	2	3
105. Involvement with Care					109. Resources				
106. Rights/Responsibilities					110. Knowledge of Social Service Options				
107. Financial Status					111. Residential Stability				
108. Organization					112. Job Functioning				

Caregiver; Identification & Use of Concrete Supports: Please write a note for each item in this domain that is scored a 2 or a 3. Please specify which CANS item you are referencing. If additional space is needed, please use the last page.

PARENTING YOUTH'S NAME:

POSITIVE FAMILY, COMMUNITY, & SOCIAL CONNECTIONS (birth parents and substitute caregivers)

0 1 2 3

- 113. Partner Relations
- 114. Relations with Extended Family
- 115. Community Involvement
- 116. Natural Supports

Caregiver; Positive Family, Community, & Social Connections: Please write a note for each item in this domain that is scored a 2 or a 3. Please specify which CANS item you are referencing. If additional space is needed, please use the last page.

ABILITY TO NURTURE SOCIAL & EMOTIONAL COMPETENCE (birth parents and substitute caregivers)

0 1 2 3

- 117. Ability to Listen As Parent
- 118. Understanding of Impact of Own Behavior
- 119. Empathy with Children
- 120. Ability to Communicate

Caregiver; Ability to Nurture Social & Emotional Competence: Please write a note for each item in this domain that is scored a 2 or a 3. Please specify which CANS item you are referencing. If additional space is needed, please use the last page.

FACTORS CONTRIBUTING TO PARENT/CAREGIVER RESILIENCE (birth parents and substitute caregivers)

0 1 2 3

0 1 2 3

- | | |
|----------------------|--------------------------------|
| 121. Physical Health | 125. Post Traumatic Reactions |
| 122. Mental Health | 126. Hygiene/Self-Care |
| 123. Substance Use | 127. Independent Living Skills |
| 124. Developmental | 128. Recreation |

Caregiver; Factors Contributing to Parent/Caregiver Resilience: Please write a note for each item in this domain that is scored a 2 or a 3. Please specify which CANS item you are referencing. If additional space is needed, please use the last page.

PARENTING YOUTH'S NAME:

COMMITMENT TO PERMANENCY PLAN GOAL-BIOLOGICAL PARENT (biological parent or any individual/
household under consideration for permanency)

0 1 2 3

- 133. Relationship/ Contact w/Caseworker
- 134. Involvement in Treatment

Caregiver; Commitment to Permanency Plan Goal –Biological Parent: *Please write a note for each item in this domain that is scored a 2 or a 3. Please specify which CANS item you are referencing. If additional space is needed, please use the last page.*

Note: Please make as many photocopies of the Caregiver Domain (items 95-128, 133-134) or use the electronic version of the extra caregiver form as needed to complete ratings on all necessary caregivers.

PARENTING TEEN'S NAME:

Additional Notes:

Please specify which CANS item you are referencing.