Have a spinal cord injury? Want to improve your balance?

We are inviting volunteers for an investigational gait training study!



This study is investigating if participation in a 10-week high-intensity walking **PURPOSE:**

intervention can improve walking balance.

ELIGIBILITY: Age 18 to 75 years

Have an incomplete spinal cord injury

Able to walk 10 meters without physical assistance.

Able to tolerate 30 minutes of standing.

Must not have severe cardiovascular or pulmonary disease, a history of

recurrent fractures, or concomitant neurological injury.

BENEFITS: You may improve walking speed, endurance, and balance. However, because

this is an experimental study, you may not experience any direct benefit.

COMPENSATION: You will be paid \$20 / training session (20 sessions) and

\$25 / gait assessment (4 assessments).

LOCATION: The Human Agility Laboratory

Northwestern University

645 N Michigan Ave, Suite 1100

Chicago, IL 60610

CONTACT: If you have questions or would like to participate please contact:

Christine Jelinek, MS, CSCS

Edward Hines Jr. VA Hospital

708-202-4429

Keith Gordon, PhD **Northwestern University**

312-503-7081